FALL MENU 2026 WEEK 1

Symphony Manor/Northbrook Heights/Cirrus Manor/Briarwood Manor/The Residence at East Avenue

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	Orange Juice Scrambled Eggs Crisp Bacon Asst. Danish Assorted Cereal	Orange Juice Western Eggs Asst. Toast Assorted Cereal	Orange Juice Pancakes Scrambled Eggs Assorted Cereal	Orange Juice Egg, Ham & Cheese McMuffin Assorted Cereal	Orange Juice Scrambled Eggs Hash Browns Assorted Toast Assorted Cereal	Orange Juice French Toast Breakfast Sausage Link Assorted Cereal	Orange Juice Scrambled Eggs w/cheese Raisin Bread Toast Assorted Cereal
LUNCH	Baked Ham Candied Sweet Potatoes Corn on the Cob Marble cake w/whip topping	Baked Potato Soup Hamburger on Bun Mixed Vegetable Vanilla Pudding w/ whip topping	Turkey Roll-up w/stuffing & gravy Buttered Squash Cranberry Sauce Pumpkin Spice Cake w/whipped topping	Tomato Florentine Soup Grilled Cheese on white or wheat Broccoli Oatmeal Raisin Cookies	Homemade Goulash Mixed Vegetable Pumpkin Mousse	Corn Chowder Battered Pollock Fish Hush Puppies Cole Slaw Fruit Cocktail	Chicken & Biscuit Pot Pie Buttered Carrots Cookies n' Cream Pudding w/whip topping
ALT	Turkey Burger on Bun Or Bologna on white or wheat	Grilled 2 Cheese OR Bologna on white or wheat	Hamburger on Bun Or Bologna on white or wheat	BBQ Rib on Bun Or Bologna on white or wheat	Chicken Patty on Bun Or Bologna on white or wheat	Cheeseburger on Bun Or Bologna on white or wheat	Pork Patty on Bun Or Bologna on white or wheat
SUPPER	Grilled Chicken on Bun French Fries Sweet n' Sour Slaw Fruit Cocktail	Cheese & Pepperoni Pizza Chef Salad w/asst dressings Pineapple Tidbits	Salisbury Steak w/mushroom gravy Mashed Potatoes Prince Edward Vegetable Chilled Pears	Chicken Alfredo over Fettucine Garlic Butter Zucchini Dinner roll w/marg. Tropical Fruit	Italian Sausage Link on roll w/peppers n' onions Italian Blend Vegetable Chilled Peaches	Homemade Chili w/cornbread Capri Vegetable Asst. Fruit Yogurt	Ham & Swiss on Kaiser Cucumber/Onion Sour Cream Salad Mandarin Oranges
ALT	Cottage cheese plate w/ Fruit Cocktail, Celery & Carrots & dinner roll or Bologna on white or wheat	Cottage cheese plate w/ Fruit Cocktail, Celery & Carrots & dinner roll or Bologna on white or wheat	Cottage cheese plate w/ Fruit Cocktail, Celery & Carrots & dinner roll or Bologna on white or wheat	Cottage cheese plate w/ Fruit Cocktail, Celery & Carrots & dinner roll or Bologna on white or wheat	Cottage cheese plate w/ Fruit Cocktail, Celery & Carrots & dinner roll or Bologna on white or wheat	Cottage cheese plate w/ Fruit Cocktail, Celery & Carrots & dinner roll or Bologna on white or wheat	Cottage cheese plate w/ Fruit Cocktail, Celery & Carrots & dinner roll or Bologna on white or wheat

*__Assorted Cereal__: Corn Flakes, Raisin Bran, Rice Crispy, Toasted Oat, Hot Oatmeal *__Assorted Toast__: White, Wheat

*__Always Available__: Peanut Butter & Jelly Sandwich *__Beverage Choices__: Coffee, Tea, Milk, Assorted Fruit Flavored Drinks

*__Breakfast sausage substitute__: Turkey sausage links or patties

8/25/2026

IF YOU HAVE A FOOD ALLERGY OR INTOLERANCE, PLEASE NOTIFY A STAFF MEMBER

FALL MENU 2026 WEEK 2

Symphony Manor/Northbrook Heights/Cirrus Manor/Briarwood Manor/The Residence at East Avenue

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	Orange Juice Waffles w/ Syrup Sausage Patty Assorted Cereal	Orange Juice Scrambled Eggs w/Cheese Apple Cinnamon Muffin Assorted Cereal	Orange Juice Scrambled Eggs Chocolate Chip Pancakes Assorted Cereal	Orange Juice Egg, Bacon & Cheese McMuffin Assorted Cereal	Orange Juice Scrambled Eggs Hash Brown Patty Assorted Toast Assorted Cereal	Orange Juice French Toast Breakfast Sausage Links Assorted Cereal	Orange Juice Scrambled Eggs Rye Toast Assorted Cereal
LUNCH	Spaghetti w/sauce & Meatballs Italian Beans Garlic Bread Iced Banana Cake	Chicken Noodle Soup BBQ Hamburger on Bun Glazed Carrots Fruited Gelatin	Baked Chicken Leg Mashed Potatoes w/gravy Chuckwagon Corn Carnival Cookies	Stuffed Green Pepper Soup Turkey Burger w/Provolone on Bun Spinach Pumpkin Bars	Meatloaf Mashed Potatoes w/gravy Buttered Carrots Apple Crisp	Hearty Vegetable Soup Philly Cheese Steak On Bun Broccoli Peaches	Chicken Parmesan w/spaghetti Mixed Vegetable Cinnamon Apple Slices
ALT	Hamburger on Bun Or Ham on white or wheat	Grilled 2 Cheese OR Ham on white or wheat	Pork Patty on Bun Or Ham on white or wheat	BBQ Rib on Bun OR Ham on white or wheat	Turkey Burger on Bun Or Ham on white or wheat	Chicken Patty on Bun Or Ham on white or wheat	Hamburger on Bun Or Ham on white or wheat
SUPPER	Turkey & Provolone on white or wheat Sweet Potato Salad Chilled Pears	Supreme Pizza Chef Salad w/asst. dressings Mandarin Oranges	Chili Dog on Roll Baked Beans Prince Edward Vegetable Fruit Cocktail	Smoked Polish Sausage Roasted Sweet Potatoes Green Beans Pineapple Whip	Grilled Cheese on white or wheat Capri Vegetable Tropical Fruit	BBQ Chicken Drums Scalloped Potatoes Stewed Tomatoes Asst. Fruit Yogurt	Julienne Salad Dinner Roll w/margarine Chocolate Ice Cream Cup
ALT	Cottage cheese plate w/ Fruit Cocktail, Celery & Carrots & dinner roll or Ham on white or wheat	Cottage cheese plate w/ Fruit Cocktail, Celery & Carrots & dinner roll or Ham on white or wheat	Cottage cheese plate w/ Fruit Cocktail, Celery & Carrots & dinner roll or Ham on white or wheat	Cottage cheese plate w/ Fruit Cocktail, Celery & Carrots & dinner roll or Ham on white or wheat	Cottage cheese plate w/ Fruit Cocktail, Celery & Carrots & dinner roll or Ham on white or wheat	Cottage cheese plate w/ Fruit Cocktail, Celery & Carrots & dinner roll or Ham on white or wheat	Cottage cheese plate w/ Fruit Cocktail, Celery & Carrots & dinner roll or Ham on white or wheat

*__Assorted Cereal__: Corn Flakes, Raisin Bran, Rice Crispy, Toasted Oat, Hot Oatmeal *__Assorted Toast__: White, Wheat

*__Always Available__: Peanut Butter & Jelly Sandwich *__Beverage Choices__: Coffee, Tea, Milk, Assorted Fruit Flavored Drinks

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FALL MENU 2026 WEEK 3

Symphony Manor/Northbrook Heights/Cirrus Manor/Briarwood Manor/The Residence at East Avenue

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	Orange Juice Ham & Cheese Frittata Assorted Toast Mixed Fruit Cup Assorted Cereal	Orange Juice Egg & Sausage Bake Asst. Toast Assorted Cereal	Orange Juice Blueberry Pancakes Scrambled Eggs Assorted Cereal	Orange Juice Sausage, Egg & Cheese McMuffin Assorted Cereal	Orange Juice Scrambled Eggs Asst. Toast Assorted Cereal	Orange Juice French Toast Breakfast Sausage Links Assorted Cereal	Orange Juice Scrambled Eggs w/ Cheese Asst. Toast Assorted Cereal
LUNCH	Beef Stew over Mashed Potatoes Prince Edward Vegetable Pumpkin Pie Cake w/whip topping	Italian Wedding Soup Chicken Club on Bun Capri Vegetable Chocolate Pudding w/whip topping	Ziti w/Meat Sauce Italian Beans Strawberry Shortcake Cookies	Beef Barley Soup Tuna Melt on white or wheat Peas Fruit Cocktail	Chicken w/gravy over Biscuit Orange Glazed Carrots Tangerine Pudding w/whip topping	Cream of Broccoli Soup Fishwich w/cheese on bun Cole Slaw Peaches	Sweet n' Sour Chicken over Rice Oriental Vegetable Brownie
ALT	Chicken Patty on Bun or Turkey on white or wheat	Grilled 2 Cheese OR Turkey on white or wheat	Turkey Burger on Bun or Turkey on white or wheat	Grilled Cheese OR Turkey on white or wheat	BBQ Pork Rib on Bun or Turkey on white or wheat	Hamburger on Bun or Turkey on white or wheat	Pork Patty on Bun Or Turkey on white or wheat
SUPPER	Turkey Reuben on Rye Dill Pickle Spear 3 Bean Salad Mandarin Oranges	Cheeseburger Pizza Chef Salad w/asst. dressings Pineapple Tidbits	Chicken Tenders w/Blue Cheese Sweet Potato Fries Mixed Vegetable Chilled Pears	Pizza Burger on Bun Zucchini w/Tomatoes Vanilla Ice Cream Cup	Sloppy Jo on Bun Onion Rings Chuckwagon Corn Tropical Fruit	Macaroni & Cheese Stewed Tomatoes Asst. Fruit Yogurt	Salami & Provolone on Kaiser Carrot Coin Salad Applesauce cups
ALT	Cottage cheese plate w/ Fruit Cocktail, Celery & Carrots & dinner roll or Turkey on white or wheat	Cottage cheese plate w/ Fruit Cocktail, Celery & Carrots & dinner roll or Turkey on white or wheat	Cottage cheese plate w/ Fruit Cocktail, Celery & Carrots & dinner roll or Turkey on white or wheat	Cottage cheese plate w/ Fruit Cocktail, Celery & Carrots & dinner roll or Turkey on white or wheat	Cottage cheese plate w/ Fruit Cocktail, Celery & Carrots & dinner roll or Turkey on white or wheat	Cottage cheese plate w/ Fruit Cocktail, Celery & Carrots & dinner roll or Turkey on white or wheat	Cottage cheese plate w/ Fruit Cocktail, Celery & Carrots & dinner roll or Turkey on white or wheat

*__Assorted Cereal__: Corn Flakes, Raisin Bran, Rice Crispy, Toasted Oat, Hot Oatmeal *__Assorted Toast__: White, Wheat

*__Always Available__: Peanut Butter & Jelly Sandwich *__Beverage Choices__: Coffee, Tea, Milk, Assorted Fruit Flavored Drinks 8/25/2026

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